

MINUTES
COMMISSION ON AGING
Bykota Senior Center
Classroom A, First Floor
Tuesday, January 16, 2018

Present: Cyndy Allen, Virginia Billian, Frances Bond, Don Gabriel, Allan Hirsh, Bill Lambert, Roy Moreland, Sheila Roman, Marlene Siegel, Melody Truffer, Cathy Ward

Excused: Eula Marshall, Mabel Murray, Sherita Thomas,

Staff: Phyllis Myers, Laura Riley, Joanne Williams

I. The Meeting Came to Order at 9:05 a.m.

II. Announcements/Acknowledgements

- Ethel Rasmussen, Manager, BCDA Office of Communications
 - ✓ Ethel spoke about the Silent Auction at Senior Expo
 - ✓ Handout—Details in preparing for the Silent Auction

III. Approval of the Minutes

- Minutes approved as submitted

IV. New Business

Silent Auction

- Handout—Information on planning the auction.
- Joanne would like the Commission to get involved with the auction; a lot of Administrative work is needed.
- Allan, Cathy, Virginia, Fran, Bill and Melody volunteered to assist with the Auction.

Senior Solutions Conference

- The first planning committee meeting is on Friday, January 19, 2018.
- The theme is being planned around BCDA's Fortieth Anniversary.
- Suggestions included having sessions around the Anniversary calendar's topic each month.

Speaking Engagements

- Joanne challenged BCDA management staff with representing the department at events of faith based organizations, local community organizations, etc., once per year.
- Staff either have a table with BCDA handouts and literature or speak about BCDA's programs and services.
- Joanne would like the Commission to possibly help out with BCDA speaking engagements by accompanying staff.
- BCDA will be sure to keep COA members in the loop by including them in on speaking engagement request e-mails.

Alzheimer's Association Involvement

- BCDA is looking to develop a closer relationship with the Alzheimer's Association; possibly having an Alzheimer's Conference in Baltimore County, similar to Baltimore City.
- Joanne has a meeting with the new Development and Community Relations Coordinator for the Alzheimer's Association of Maryland this month; she will report to the Commission at the February meeting.

Aging Mastery Program for Caregivers

- BCDA is offering the National Council on Aging's Mastery Program for Caregivers (flyers in folder).
- Twelve-week class being held at Pikesville Senior Center from 6:30 to 8:30 p.m.
- It's about educating caregivers to stay healthier and happier throughout the caregiver journey.
- BCDA is the second jurisdiction in Maryland to offer the course
- It's recommended that only 15-35 attend a class.

Discussions

- Caregiver's Annual Mini Conference to be held on Saturday, April 14, 2018.
- Senior Digest—Former Commission on Aging member Anne Perry's retirement article is on the front page.
- BCDA asked by Baltimore County to shave off 2 percent of the budget.
- Sheila volunteered to serve as Advisor or Speaker on BCDA's diabetes topics.
- USM Forum, Wednesday, January 17, 2018—Joanne, Cyndy, Melody and Roy to attend

V. Meeting Adjourned at 10:08 a.m.